

	Tuesday 21st October 3.30-4.15pm	Wednesday 22nd October 3.30-4.15pm
Event 1	Sewing Together 	Design a Healthy Lunch Box 
Event 2	Face Masks and Relaxation 	Make a Bird Box 
Event 3	Get Crafty! 	Music and Merriment Together 



= Environment Theme



= Well-being Theme



= Creative Theme

BOOK YOUR PLACE NOW BY RETURNING THE ATTACHED FORM.

Please could all completed forms be returned to the office by Thursday 16th October 2014.