

Grab and Go Menu

Spring/Summer 2016



Week 1 for weeks commencing: 22nd February, 14th March, 18th April, 9th May, 6th June, 27th June, 18th July

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Tuna and cucumber wrap	Ham salad roll	Salmon salad baguette	Egg and cress filled roll ✓	Cheese ploughman's ✓
And to Go With	Vegetable sticks and fruit	Vegetable sticks and fruit	Vegetable sticks and fruit	Vegetable sticks and fruit	Vegetable sticks and fruit
Pudding	Shortbread biscuit with milk carton	Yeo Valley yogurt	Mini chocolate brownie with fresh fruit	Fruit and yogurt granola pot	Fruit jelly pot

Week 2 for weeks commencing: 29th February, 21st March, 25th April, 16th May, 13th June, 4th July

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Cheese and tomato roll ✓	Tuna salad sandwich	Ham salad baguette	Tuna and cucumber wrap	Egg salad baguette ✓
And to Go With	Vegetable sticks and fruit	Vegetable sticks and fruit	Vegetable sticks and fruit	Vegetable sticks and fruit	Vegetable sticks and fruit
Pudding	Mini flapjack with fresh fruit	Chocolate cracknell with milk carton	Fruit and yogurt granola pot	Granola cookie and fruit juice	Cheese and biscuits

Week 3 for weeks commencing: 7th March, 11th April, 2nd May, 23rd May, 20th June, 11th July

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Bacon topped cheese and tomato pizza	Salmon salad wrap	Egg salad roll ✓	Sausages under wraps	Ham and tomato roll
And to Go With	Vegetable sticks and fruit	Vegetable sticks and fruit	Vegetable sticks and fruit	Vegetable sticks and fruit	Vegetable sticks and fruit
Pudding	Shortbread biscuit with milk carton	Jelly pot	Mini chocolate oat biscuit with fruit	Cheese and biscuits	Yeo Valley yogurt