

## BETTER EXTREME - IMPORTANT PARTICIPANT INFORMATION

Please familiarise yourself with our Terms and Conditions each time you visit Better Extreme.

By registering with Better Extreme you are confirming you acknowledge and understand the latest version of the Terms and Conditions and accept them.

Date: .....

Session Time: .....

### General Rules

There are risks and dangers associated with participation in skateboarding, inline skating, BMX/biking, scooting, climbing, High Ropes, trampoline parks and associated activities and other EXTREME activities which could result in bodily injury; partial and/or total disability; or paralysis.

- I or anyone I have purchased a ticket for will not hold the management, directors, staff or volunteers of Better Extreme responsible for any accidents; injury; loss or damage whilst on the premises.
- I engage in activities at my own risk.
- I hereby agree to accept full responsibility for myself and/or anyone in my booking and consent for anyone under the age of 16 that I purchase a ticket for (if applicable) during participation at a Better Extreme facility.
- It is recommended that ALL participants wear satisfactory safety equipment including helmets, wrist guards, elbow and knee pads and harnesses.
- I give my permission for medical assistance to be administered in the case of an accident or emergency to myself or anybody that I have purchased a ticket for.
- Better Extreme activities are not recommended for persons who have heart, back or neck conditions, or people who are pregnant. If you suffer from any health problems, illness or may be pregnant please consult your doctor for medical advice before visiting any Better Extreme facilities.
- All areas of GLL/Betters Leisure Centres and Extreme Centres are non-smoking.
- The online booking facility for each public session will close 30 minutes before the start of that session.
- Please be aware that you will be required to print out your payment voucher and present it upon arrival at Better Extreme.
- There is a "no re admittance" policy in operation at the trampoline park. Online booking vouchers are valid for a single entry only.
- Every person participating in or attending or viewing a public session must have a valid admission ticket for that session.
- All bookings are valid only for the person named on the booking voucher. Booking vouchers are non-transferable and non-refundable once the online purchasing process is completed.
- Customers are required to adhere to Better Extreme rules and regulations on display. Failure to do so may result in entry being refused. The refusal of entry is in any case entirely at the discretion of GLL.
- Centre programming (and thus the provision of public sessions) is subject to change and availability from time to time.

### Extreme Trampoline Rules

- You must wear our Better Extreme trampoline socks when jumping.
- Be mindful and considerate of other jumpers.
- No food or drink in the activity area.
- No lying down or sitting on trampolines.
- Do not grab any safety pads or safety netting.
- Do not jump or land on coloured padding.
- Only single flips are permitted.
- Flips across pads or bed to bed are not permitted.
- Do not jump close to others/be aware of other jumpers.
- No double bouncing (bouncing someone else higher).
- You must wear a shirt at all times.
- Only one jumper on each trampoline at a time.
- Always land on two feet or your seat.
- Do not disturb the bounce of others.
- No wrestling, racing, tackling nor horseplay.
- Do not operate mobile phones, cameras, or similar equipment on trampolines.
- Please wear appropriate clothing; no buckles or studs.
- We advise you to remove all jewellery.
- Remove objects from your pockets before jumping.
- Each admission and sock purchase is valid for one entry/one pair of socks only.
- All online booking vouchers for the trampoline park are only valid for the session for which they were issued.
- Under 8s must be accompanied by at least one jumping adult per two children.
- Under 5s must be accompanied by at least one jumping adult per child.
- Please be aware that during certain public sessions part of the trampoline park may have restricted access and/or disco lighting and music may be used.
- The maximum weight permitted for the trampoline park is 21 Stone/133kg, by purchasing a ticket I acknowledge that myself or anyone I am purchasing a ticket on behalf of does not exceed this weight limit.

Better Extreme may take video footage and/or photographs during your session or share and republish films and photographs taken by other customers, which you may feature in. By signing this waiver you consent to any image or film footage of you being featured in Better Extreme marketing collateral, and agree to let us share or republish any images and footage that you publish on social media or send to us directly. To opt out, please speak to a member of staff.

**Please note that the school has requested to opt out of any video footage and/or photographs during our session.**